



SPORT STUDIES

Exam Results

2024	50% A* - E
2023	65% A*-C

Course Leader Samantha McGarry

Exam Board AQA

Assessment

Written examinations

Practical examination

What will you study?

The Sport Studies course will equip you with a wide range of knowledge, understanding and skills which relate to the scientific, socio-cultural and practical aspects of physical education. Theoretical content is broad, you will explore topics in Psychology, Physics and Biology. This course will require students to: develop theoretical knowledge and understanding of the factors that underpin physical activity and sport and use this knowledge to improve performance; understand how physiological and psychological states affect performance, understand the key socio-cultural factors that influences people's involvement in physical activity and sport. Students must be competing outside of school in a sport from the specification to contribute to their practical assessment. Studying academic PE or sports studies in Year 10 and 11 is essential.

Future pathways

A Level Sport Studies can lead to a number of varied careers, including: teaching, coaching, instructing, research, psychology, nutrition, physiotherapy, sports therapy, chiropractor, human sciences, product design, sports management and professional athlete.

"Choosing Sport Studies allows you to present yourself as a rounded individual to universities. It provides you with the opportunity to explore a range of subjects in a practical setting. Regular participation in competitive sport develops confidence, resilience and leadership skills which are all assets to future career paths."